

East Cloud Kungfu 云东武馆

Program Schedule

Effective January 1, 2020

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday						
5:00 PM	/	/	/	/	/	10:30 AM	/						
5:15 PM		Little Eagles Kickboxing (5:30 - 6:30 PM)				Wing Chun (6:00-7:00PM)	Competition Team (6:00-8:00 PM)	11:00 AM	Wing Chun (11:00AM-12:00 PM)				
5:30 PM								11:30 AM					
5:45 PM								12:00 PM					
6:00 PM								12:30 PM		Adults and Teens Kungfu (12-1 PM)			
6:15 PM								1:00 PM			Open Floor		
6:30 PM	Kid's Kungfu (6:30-7:45 PM)	Select Kid's Demo Team (6:30-7:30 PM)	Kid's Kungfu (6:30-7:45 PM)	Competition Team (6:30-7:45 PM)	1:30 PM	Kid's Kungfu (1:30-2:45 PM)							
6:45 PM					Competition Team (7:30-8:30 PM)		Wing Chun (7:30-8:30 PM)	/	2:00 PM				
7:00 PM									Adults and Teens Kungfu (8:00-9:30 PM)			Tai Chi (8:15-9:30)	2:30 PM
7:15 PM										3:00 PM			
7:30 PM										3:30 PM			
7:45 PM	4:00 PM	Competition Team (6:00-8:00 PM)											
8:00 PM	Adults and Teens Kungfu (8:00-9:30 PM)		/	4:30 PM									
8:15 PM				5:00 PM									
8:30 PM				5:30 PM									
8:45 PM				6:00 PM									
9:00 PM		/		/									
9:15 PM	/	/											
9:30 PM	/	/											

*Kid's Kungfu = Children ages 6-17
 *Adults and Teens Kungfu = Ages 16+

*Tai chi = Ages 16+
 *Little Eagles = Children ages 6-10 yrs old

*Unless otherwise specified, all kungfu classes are a mix of Wushu, Shaolin, and Kickboxing/Self Defense

For more information please visit www.eastcloudkungfu.com